

Shawn Harrington, M.D., FAAPPMR

Education Boston University, Health Science/Biology 1987-199
University of Florida, Dept of Neuroscience, 1991-1992
University of Florida, College of Medicine 1992-1996

Internship Carillion Health System, Virginia 1996-1997

Residency Mayo Clinic, Rochester, MN, Dept of Physical Medicine.
1997-2000

Fellowship Mayo Clinic, Rochester, MN, Sports Medicine. 2000-2001

Board Certification American Board of Physical Medicine and Rehabilitation,
2001. Re-Cert 2011.

Practice Medical Director of Rehabilitation Services, MCH.
Physician Site Leader, Department of Orthopaedics, MCH
Senior Associate Physician, Monadnock Orthopaedic
Associates, 2001- Present

Dr. Harrington's philosophy is to provide thorough, experienced diagnostic evaluation and treatment that all parties can agree upon. He strives to define a problem, then offers options and choices to help guide patients toward the best possible outcome of treatments. He recognizes that not every first choice leads to success, but he establishes plans with patients that will help bring about their goals.

Serving the Community's Needs

- General Orthopaedic Conditions
- Arthritis Care
- Degenerative Joint Disease
- Sports Medicine
- Non-Operative Management of Orthopaedic Conditions
- Ligament Injuries
- Sprains, Strains, Trauma Care.
- Repetitive Use Injuries Such as Carpal Tunnel
- Tendonitis
- Overuse Syndromes
- Occupational Medicine
- Acute and Chronic Conditions of the Spine
- Hand and Foot Conditions
- Soft Tissue Injuries-Masses-Cysts-Ganglia
- Osteoporosis Rehabilitation
- Electro Diagnostics
- Abdominal Wall Pain
- Piriformis Syndrome

Spectrum of Treatment Options

- Cortisone Injections
- Trigger Point Injections
- Viscosupplement Joint Injections
- Joint Aspirations
- Botox For Muscle Conditions.
- Diagnostic Nerve Blocks.

**Monadnock
Orthopaedic
Associates**